

Preparing Kids for
BRIGHT FUTURES



FISCAL YEAR 2019
Annual Report



Fiscal Year 2019

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Fiscal Year 2019

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Dear Friends of Home Start,

Right now, all of us at Home Start are doing everything possible to sustain daily operations and provide services to our community. We have experienced a lot of uncertainty and disruption during the COVID-19 pandemic, but we have adapted quickly to make sure the children and families we serve have continuity of care. Our team made necessary changes by pivoting to a telemedicine model to ensure the safety of our staff as well as those we serve.

Despite these challenging times, Home Start continues to create a roadmap to a bright future. In the fall of 2019 we launched Bright Futures Candles, a social enterprise that employs formerly homeless young women in a new creative endeavor. Armed with confidence and these new skills, they've begun their journey to self-sufficiency.

Also in 2019, we had great success with our Miracle on 34th Street campaign which allowed us to close escrow on a new 5-unit property in Normal Heights. These apartments will soon house five young families, providing them with wrap-around supportive services.

In this year's Annual Report, you'll read some of our other success stories to give you a glimpse into the progress we're making every day. You'll also find informative facts and statistics about our programs that will show how your support is truly changing lives.

Here are a few other ways you can help families and children:

-  **Shop at our Thrift Boutique**
-  **Purchase a Bright Futures Candle**
-  **Volunteer for one of our programs**
-  **Become a monthly donor**

With your commitment to Home Start, you're part of a 48-year effort to help children and families rise above their barriers and become healthy, happy and productive contributors to our community.

For the children,



Laura A. Tancredi-Baese, LCSW
Chief Executive Officer



Cameron Clarke
Board President

14,892

*Clients served during
fiscal year 2019*

6,710

*Individuals received services
(including case management,
emergency assistance, therapy,
application assistance,
tax preparation, parenting
education)*

8,182

*Individuals received outreach
and information through
outreach activities*

Through our core programs **Home Start** helps to address the conditions that can contribute to risky or abusive situations – poverty, unsafe neighborhoods, lack of affordable housing, and unemployment – while concurrently addressing individual self-sufficiency and emotional needs.

*Last year,
over
43,779
reports of
suspected
abuse/neglect
were made to
San Diego's
Child Abuse
Hotline which
represents
79,598
children.*

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VOLUNTEER INCOME
TAX ASSISTANCE
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There are many ways our volunteers and donors help to support Home Start's mission and programs.



MAKE A DONATION

Our Thrift Boutique accepts donations of gently-used clothing, furniture and housewares.



VOLUNTEER THEIR TIME

Volunteers distribute toys and food and also staff many of our programs and events.



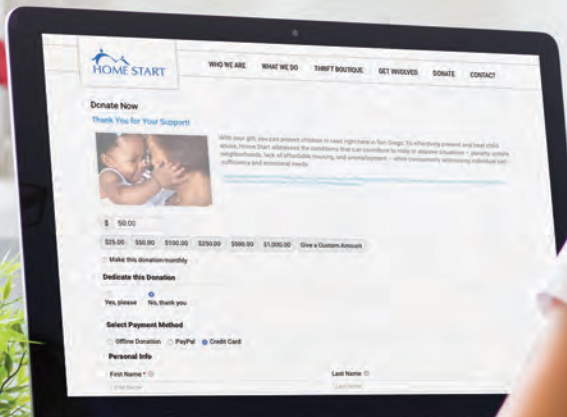
GIVE GENEROUSLY

We are grateful for the support of many individuals and organizations.

www.Home-Start.org



Visit our website, like our Facebook page, and follow us on Instagram to stay current with news and events.



“ Home Start’s visit coaching was so meaningful and beneficial. I was able to develop an amazing relationship and bond with my children. They helped me strive to be the best person and mother I can be and continue to do so. It has given me an understanding of my children’s developmental stages and has helped me learn how to regulate my emotions so that I can help my children regulate theirs.

The amount of support I have received from Home Start is unimaginable, and I wish I had known about this program a long time ago. I recommend Home Start and visit coaching to everyone I know in need of services. I am forever grateful for all the amazing service providers I met with and services I received at Home Start. I am now the mom I want and need to be for my boys and I will continue to draw on all of my experiences with Home Start to make the best life possible for me and my children. Thank you. ”

— Client in Home Start's Community Services for Families Program



COMMUNITY SERVICES FOR FAMILIES (CSF)

The goal of CSF is to promote child safety, child well-being and stable living environments for children.

- ✦ Community-based parent education classes
- ✦ Connections for families to community resources

Support for parents referred by Child Welfare Services:

- ✦ Home-based parent education and case management services
- ✦ Parent Partners - a peer support program
- ✦ Family Visit coaching
- ✦ Victims Services case management
- ✦ Family Support Clinician

CSF services are free of charge and are offered in several regions of the County by Home Start and partner agencies.

CALFRESH PROGRAM



Our CalFresh program provides benefits enrollment assistance for individuals & families to access healthy, nutritious food.

SYLVIA

attended one of our CalFresh same day events with an expressed need for assistance with food. She had recently battled cancer and was in remission, but due to medical cost she was struggling financially to meet her food needs. Home Start's team helped her complete and submit her paperwork on the spot. Two weeks later, our staff provided assistance with additional documentation and followup with the county. She was approved for \$150 a month and is now able to purchase healthy food to meet her needs.



526

Families received in-home parenting services

58

Families received Parent Partner services

78

Families received services of a Family Support Clinician

35

Families received Family Visit Coaching Services

75

Parents completed parenting education classes

125

Families received Victims Services case management

2,200+

individuals received outreach and education regarding CalFresh

981

individuals renewals and new enrollments were completed



63 + 92
 homeless young women
 homeless children
 received housing and
 supportive services

119
 young women experiencing
 homelessness received
 transportation assistance,
 food assistance, emergency
 motel stays, and other
 assistance

121
 domestic violence survivors
 received mobile advocacy
 and other assistance

9
 young women were
 employed at Home Start's
 Thrift Boutique

MATERNITY HOUSING PROGRAM (MHP)

The Maternity Housing Program (MHP) provides pregnant or parenting women facing homelessness ages 18-24 and their children with mid- to long-term housing and wrap-around supportive services.

MHP offers these mothers a safe, stable home and educational programs to provide them the tools to become self-sufficient and develop healthy relationships with their children.

Home Start's Thrift Boutique
 social enterprise provides
 revenue to support our life-
 changing programs.

The store also provides a
 supportive setting for young
 mothers in our Maternity Housing
 Program to develop job skills
 and gain work experience as
 they move toward greater
 independence.



HERE'S HOW YOU CAN HELP



DONATE



VOLUNTEER



SHOP



LIKE US

BRIGHT FUTURES CANDLES

Home Start's newest social enterprise creates additional revenue to serve vulnerable children and their families as well as priceless job-training and employment opportunities for our clients.

With each purchase of a Bright Futures candle, a San Diego-based young mom is given the opportunity to learn new skills, grow in confidence, and develop her independence.

Available in a variety of scents in the Home Start Thrift Boutique at 3611 Adams Avenue in Normal Heights or online.

www.brightfuturescandles.com



ELLIOTT

is a 12 year old boy currently in treatment here at Home Start due to a history of his father physically abusing him. The father would stalk Elliott in the community, and it would cause him to be extremely anxious. Our Home Start East County Therapist has helped Elliott create a safety plan in the community, find ways to cope around his PTSD, and helped prepare him to share his story for the trial to testify against his father. During this time, our therapist has maintained an excellent relationship with Elliott's school and mother. He has shown a recent interest in cooking, often suggesting dinner ideas and helping his mother prepare the meals. Lastly, Elliott has been able to excel in school, participate in sports, and is currently being sponsored by a sporting clothing line.



BEHAVIORAL HEALTH SERVICES

Treatment for Children

PARENT-CHILD INTERACTION THERAPY (PCIT)

PCIT is an evidence-based best practice supported by more than 30 years of research. Through an earpiece, specially trained therapists coach parents/caregivers as they interact with their child. Parents/caregivers learn relationship-enhancing skills and parenting techniques for improving their child's behavior.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)

An evidence-based treatment for youth affected by trauma and their caregivers or parents.

Treatment for Adults

HOME START, INC. COUNSELING CENTER

With sensitivity to the needs of each individual and family we serve, our professional counselors offer therapeutic services to promote healing, personal growth, healthy interpersonal relationships, and positive life transitions.

207

children received therapy

182

*calls received
to the Intake Line*

*Home Start
is dedicated
to helping
families and
children
to heal.*





FIRST 5 FIRST STEPS

135

*families received home
visitation services*

First 5 San Diego was created to promote the health and well-being of children during their first five years of development. As part of our mission to strengthen families in order to protect children, Home Start Inc. partners with First 5 San Diego to offer the First Steps family support program in East County. This program provides new mothers with highly-trained personal advisors that provide provide in-home support during the children's key developmental years.

During visits with a Family Support Specialist, families can learn about what to expect at each stage of their child's growth. Every client has different needs and the goal is to create a personal, trusting connection based on individual requirements.

“ I entered the F5FS program when I was pregnant. I love this program, and I wish everyone would hear about it because it is the most wonderful program for MOMS and CHILDREN. During this program, I learned many wonderful things. I learned how to pay attention to pregnancy and healthy methods of nutrition, as well as how to take care of, read, and speak to my unborn baby to build a strong and healthy relationship between us. I also learned through this program to be more aware of my child's brain, physical abilities, and social skills. I learned how to choose activities that help to develop my child's cognitive, fine, and gross motor, communication, and problem solving skills in order to meet the milestones.

The monthly sessions such as Mother & Baby Group and Stroller WalkGroup I attended helped me a lot to think about myself, and the importance of self-care. I learned how to build a healthy relationship with my child, to depend on myself, and develop my abilities. During this program, I made many positive changes, I started going to college to improve my English first, and then will continue my education to find a job and provide for my family's needs. In short, my experience with the F5FS program has been very beautiful, with many lovely and happy memories. Thank you very much for caring about children, which is the secret of happiness in this life. ”

— Client in Home Start's
First 5 First Steps Program



“ This program has allowed me to gain the insight and tools needed to be productive in society and the workforce. In the 5-week classroom training courses, I've learned all the skills I can use in job interviews, managing my money, as well as the different types of resumes. I'm very thankful for Ms. Alvarez and for what she brings to the classroom. It shows in her dedication and passion for her going out of her way to give us her knowledge, and we'll be forever grateful! ”

— Client in Home Start's
Communities in Action Workforce
Development Program

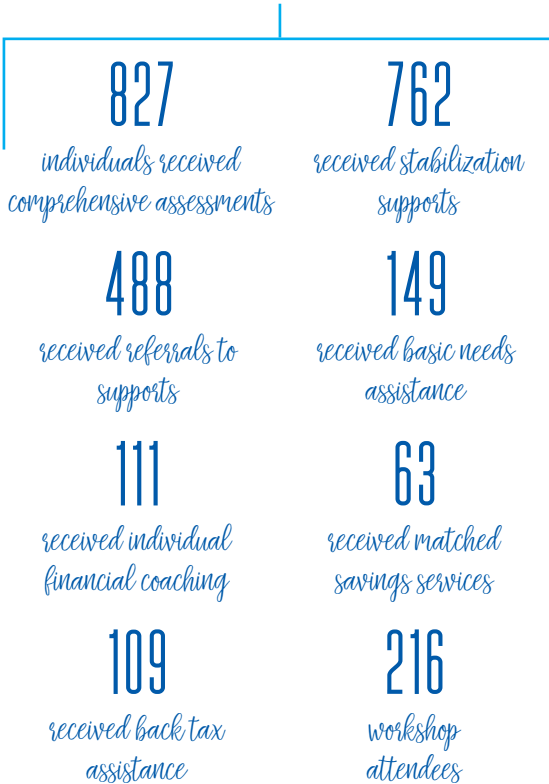


COMMUNITIES IN ACTION (CINA)



Offering a hand-up through a continuum of care, this program helps move individuals and families towards self-sufficiency. Working from a strength-based perspective, each client is treated as a partner in the creation of individualized service plans designed to help them achieve self-sufficiency.

- Referrals to community resources and benefits applications assistance
- Stabilization Support (such as clothing, emergency food, emergency utility assistance and hygiene packs) to those experiencing a crisis
- Workforce Development Support (resume building, interviewing skills, job search assistance, guidance on obtaining promotions)
- Financial Skills Classes
- Access to Free Tax Assistance



VOLUNTEER INCOME TAX ASSISTANCE PROGRAM (VITA)

1,422

State and Federal returns prepared by Volunteer Income Tax Assistance (VITA) sites operated by Home Start

\$1,980,505

in Federal refunds received by clients

\$312,244

in State refunds received by clients

\$888,457

in Earned Income Tax Credits received by clients

\$266,051

in Child Tax Credits received by clients

STATEMENTS OF FINANCIAL POSITION

June 30, 2019 and 2018

	2019	2018
OPERATING ASSETS		
Cash	563,591	460,149
Grants and Accounts Receivable	709,390	740,667
Prepaid Expenses and other	268,011	188,966
Investments	2,131,250	2,008,436
Total Operating Assets	3,672,242	3,398,218
FIXED ASSETS		
Building, Land & Equipment, less accumulated depreciation	2,479,450	2,545,841
Total Assets	6,151,692	5,944,059
LIABILITIES		
Accounts Payable	157,912	74,269
Accrued Expenses	304,435	254,631
Note Payable	862,713	867,018
Total Liabilities	1,325,060	1,195,918
NET ASSETS		
Unrestricted	4,758,216	4,748,141
Temporarily Restricted	68,416	-
Total Net Assets	4,826,632	4,748,141
TOTAL LIABILITIES AND NET ASSETS	6,151,692	5,944,059

STATEMENTS OF ACTIVITIES

REVENUE		
Contracts and Grants	4,819,080	4,651,848
Contributed Services and Materials	276,012	610,340
Program Service Fees	40,245	40,163
Contributions - Foundations	308,101	117,369
Contributions - Individuals and Other	100,815	323,398
Special Events (net)	157,560	144,202
Thrift Boutique Sales	82,607	75,525
Interest Income and Other	179,475	178,557
Total Revenues	5,963,895	6,141,402
EXPENSES		
Salaries	2,939,078	3,073,338
Benefits	773,402	811,419
Contributed Services and Materials	276,012	610,341
Subcontracts	114,449	117,155
Occupancy and Utilities	454,041	467,780
Mileage	83,920	81,562
Emergency Assistance	576,760	440,943
Equipment	14,974	22,617
Other	652,768	631,340
Total Expenses	\$5,885,404	6,256,495
CHANGE IN NET ASSETS	\$78,491	(115,093)

BLUE RIBBON GALA

Held annually each April in recognition of National Child Abuse Prevention Month.



FUNDS RAISED AT OUR TWO ANNUAL EVENTS HELP SUPPORT OUR MISSION.



HALLO-WINE FALL FESTIVAL

Held annually each October in recognition of National Domestic Violence Awareness Month.

OUR GENEROUS DONORS

(July 1, 2018 – June 30, 2019)

\$20,000 AND ABOVE

California Governor's Office of
Emergency Services
County of San Diego Health &
Human Services
Family Health Centers of
San Diego
First 5 Commission of San Diego
County
Grossmont Healthcare District
Internal Revenue Service
North County Lifeline
San Diego Housing Commission
San Diego Workforce
Partnership
San Diego Hunger Coalition
San Diego Youth Services
SAY San Diego
The San Diego LGBT Community
Center
U.S. Department of Health and
Human Services- Family and
Youth Services Bureau
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\$10,000 - \$19,999

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Melesse and Robert Traylor
Susan and Richard Ulevitch
Pierrette Van Cleve and
Gigi Cantin
Oliver Welty, The Welty Group

\$100 - \$999

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 Megan Wesling
 Lyman Nicholson
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 Rancho La Puerta
 Rowley Photography

YOUR SUPPORT CAN BRIGHTEN THE FUTURE OF AN AT-RISK CHILD!



Guided by our mission to assure the safety and resiliency of children by strengthening families and their communities, Home Start, Inc. has strengthened and developed San Diego's families and communities since 1972.



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www.home-start.org | 619-692-0727