



# Child Trauma Treatment Provided by Home Start's Behavioral Health Services



Childhood abuse can have a long lasting and detrimental impact on the development of a child. Home Start, Inc. offers free behavioral health services to help prevent, reduce, and eliminate that impact.

Home Start Behavior Services are:

- Grant Funded by the Child Abuse Treatment Program, Grossmont Healthcare District, and San Diego Community Development Block Grant.
- Provided by trained therapists and typically lasts approx. six months.
- Provided in Office, Home, School, or Telehealth Video.
- Available in English & Spanish.

## Available Services:

- Parent-Child Interaction Therapy (15m-7y)
- Trauma Focused Cognitive Behavioral Therapy
- Cognitive Processing Therapy
- Play Therapy
- Family Therapy

## Qualifications:

1. Children are under the age of 18
2. Must have experienced a form of abuse/trauma. Including, but not limited to:
  - a. Neglect
  - b. Physical, Sexual, or Emotional Abuse
  - c. Parental Substance Abuse
  - d. Witnessed/Experienced Domestic Violence
  - e. Child Abduction
  - f. Bullying/School or Community Violence
  - g. Hate Crime
3. Unable to obtain services through insurance
  - a. Unable to pay fees
  - b. No provider in area
  - c. Bad exp. with insurance providers
  - d. Transportation Challenges
  - e. No Insurance



**CALL TO ENROLL TODAY!**

**619-692-0727 ext. 118 Fax Referrals to 619-692-0785**