

# YOUTH HOMELESSNESS -BY THE NUMBERS

- Nationwide, young people aged 18-24 are the fastest growing demographic of people experiencing homelessness.
- Over 12 months, 1 in 10 young adults age 18-25 experience homelessness.
- 2,200 young people in San Diego county received emergency homeless services in 2020.

# WHY ARE YOUNG PEOPLE BECOMING HOMELESS?

No two situations are exactly the same, but many of our clients have similar adverse experiences. Family experiences like child abuse and/or neglect, domestic violence, homophobia, parental substance use, or other family conflict can lead to youth homelessness. Some clients may be fleeing unsafe environments, and many have been through foster care, homeless shelters, or have experienced street homelessness.

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## CONTACT US

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IF YOU ARE HOMELESS OR  
AT-RISK OF HOMELESSNESS,  
CONTACT HOME START  
HOUSING STAFF FOR  
RESOURCES AND SUPPORT:  
**HOUSING@HOME-START.ORG**

**BE THE CHANGE.**

# HOST HOMES PROGRAM

**A volunteer housing  
program for at-risk  
transitional age youth.**



**[www.home-start.org](http://www.home-start.org)**

# WHAT IS HOST HOMES?

The Host Homes Program at Home Start is a community and volunteer based response to youth homelessness. The Hosts who participate in this program are adults with a spare room and open their homes to Youth (age 18-24) who are looking for short-term resources and support.

(Average placement: 6 months)

Hosts are provided ongoing support and a **monthly stipend** to offset the cost of another person in the home. Our hosts commit to providing a safe and supportive environment for Youth in the program.

Hosts allow young adults the space to feel secure and validated while working with a case manager towards their personal independence and stability goals. We seek to bridge the gap between street and permanent housing by addressing basic needs of clients, while working towards their self-identified stability goals - such as employment, education, and more.

## WHAT MAKES US UNIQUE?

- We're a community-driven housing program run by Home Start Inc - a local nonprofit with 50 years of experience serving San Diego
- Provides early intervention services to Youth to encourage lifelong self-sufficiency
- Provides cost-effective, lasting support to at-risk youth
- Establishes long-term healthy relationships with other adults
- Changes lives for all involved

**Not only does this program work to build stronger and healthier communities, we're dedicated to addressing the negative stigma associated with youth homelessness and putting a human face to this enormous crisis.**

## HOST HOMES SEEKS TO:

- Identify, recruit, screen and provide support to Host Household, who may be a Known Connection or a new match made through our program.
- Divert youth from homelessness by providing personalized resources and support during their time in the program through a community-based response.
- Bridge the gap between homelessness and permanent, stable housing.
- Help youth reach their objectives and build stronger and healthier communities.

## INTERESTED IN LEARNING MORE?

Sign Up to learn more about opening your home to at-risk youth!  
[tinyurl.com/JoinHostHomes](https://tinyurl.com/JoinHostHomes)

**Check out our Website for client testimonials and more information about the Host Homes Program!**  
[Home-Start.org/Host-Homes](https://Home-Start.org/Host-Homes)