

# Systematic Training for Effective Parenting (STEP)



**These classes will be held via video conferencing and are court approved**

There are two types of classes:

The once-a-week classes are held for 7 weeks on Wednesdays.

Fast Track classes will be held 2 times a week on Mondays and Thursdays for 7 sessions.

**Once a week classes from 6 pm to 8 pm:**

Wednesday - February 22, 2023 to April 5, 2023

Wednesday - April 12, 2023 to May 24, 2023

Wednesday - May 31, 2023 to July 12, 2023

Wednesday - July 19, 2023 to August 30, 2023

Wednesday - September 6, 2023 to October 18, 2023

Wednesday - October 25, 2023 to December 6, 2023

**Twice a Week Monday and Thursday Fast Track Classes from 6 pm to 8 pm:**

March 6, 2023 to March 27, 2023

April 3, 2023 to April 24, 2023

May 1, 2023 to May 22, 2023

June 5, 2023 to June 24, 2023

June 31, 2023 to August 21, 2023

August 28, 2023 to September 21, 2023

September 25, 2023 to October 16, 2023

October 23, 2023 to November 13, 2023

November 20, 2023 to December 14, 2023 (No Class on Thanksgiving)

**All classes will be held from 6:00 pm to 8:00 pm**

After finishing this 7-session course, you will:

- ✓ Receive a completion certificate
- ✓ Fulfill court and other requirements under the Welfare and Institution Code
- ✓ Have a better understanding of your child's behavior and make steps toward building a happy home

**Call Luz Alarcon to register at:**

**(619) 203-2108**

**Pre-registration is required**