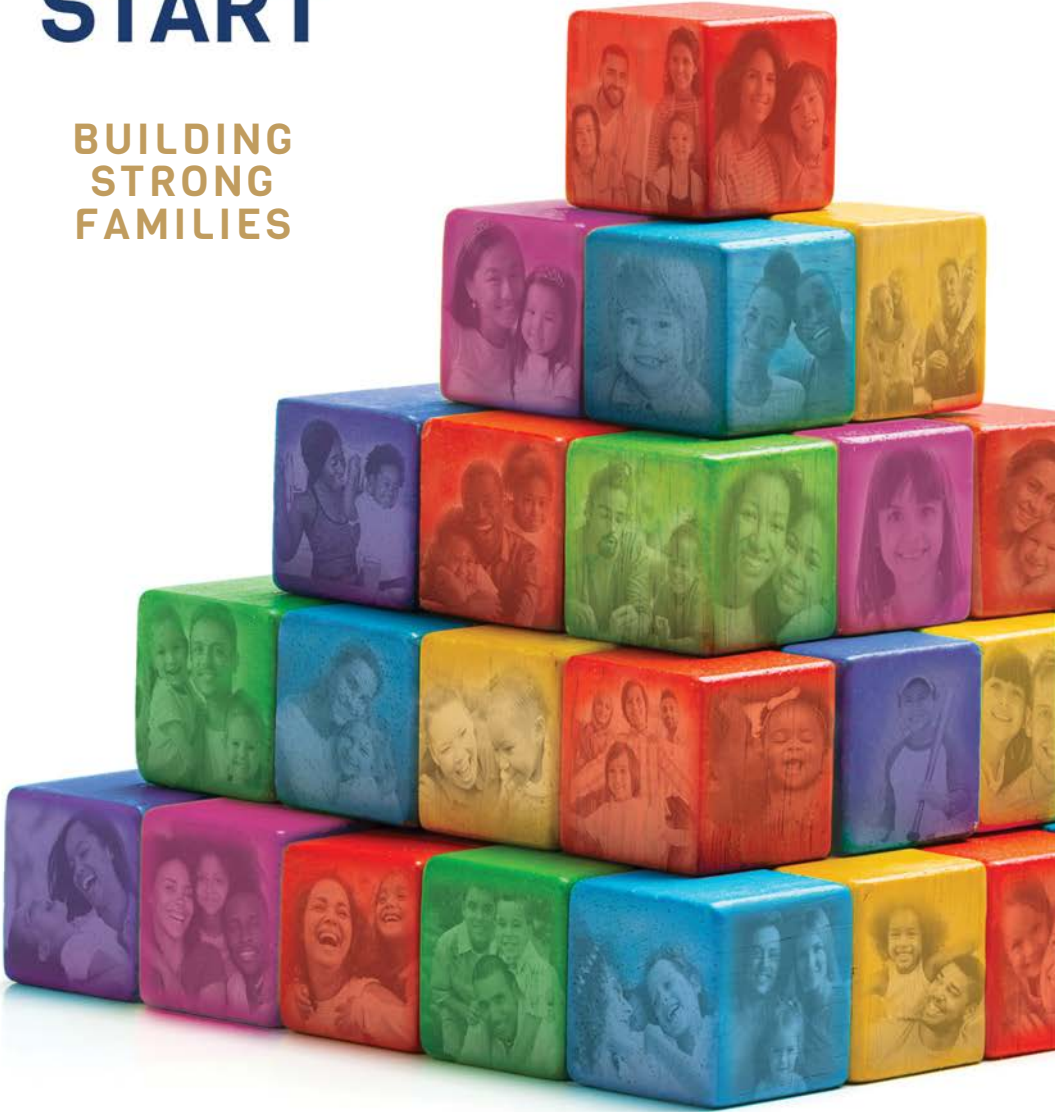




HOME START

BUILDING
STRONG
FAMILIES





HOME START

Strengthening Families Protects Children

FISCAL YEAR 2022-2023

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EX OFFICIO

Laura Tancredi-Baese, LCSW
Chief Executive Officer, Home Start, Inc.

FISCAL YEAR 2022-2023

EXECUTIVE LEADERSHIP

Laura A. Tancredi-Baese, LCSW
Chief Executive Officer

Prerna Slattery, MPA
Chief Operations Officer

Lili Chen
Interim Chief Financial Officer

Mark Lagace
Director of Philanthropy



DEAR FRIENDS OF HOME START,

As we continue to ride the wave of celebration and excitement from our 50 Year Anniversary milestone in 2022, all of us at Home Start remain steadfast in our commitment to serving San Diego's most vulnerable children, families and individuals this next decade and beyond.

Meeting the hardships of our community during the pandemic the last 3 years was challenging, yet Home Start kept our doors open and our programs running. We persevered and expanded, staying responsive to the ever-changing needs of our community.

Our dedicated staff and the life-saving services we provide are the foundation blocks to building strong families. Each parenting class, therapy session, job training shift, home visit, and safe night of wraparound supportive housing are building blocks to helping San Diegans most in need have brighter futures.

We were thrilled to host our Ribbon-Cutting Ceremony for the completion of our 5-unit property in Normal Heights. Our Miracle on 34th Street project is now home to deserving young mothers and children who are survivors of domestic violence. Case management and wraparound support services will ensure these families can escape the cycles of homelessness, poverty, abuse and neglect. Additionally, an amazing local family made a lead gift that allowed us to purchase our 5th multi-unit property for homeless youth and families.

This past year, we added a Transportation/Visitation program for families engaged with Child Welfare Services in need of evidence-based supervision, added a Vicarious Trauma for Caregivers Support Group, and expanded our housing services to meet this urgent community need.

In this year's Annual Report, you'll be touched by inspiring success stories that have been made possible through the support of caring partners like you. Accompanying statistics on the program accomplishments you helped us achieve demonstrate the measurable impact you and Home Start are making daily. Together, we are building stronger communities each day across San Diego County.

We are deeply grateful for your dedicated partnership with Home Start to serve San Diego's most vulnerable children, families, and individuals. We know that there is much more to be done, and Home Start will continue to lead the way. Together, we will continue to work towards our vision for all San Diego children to live in safe, stable, and nurturing homes.

For the children,

Laura



Laura A. Tancredi-Baese, LCSW
Chief Executive Officer

Fernanda



Fernanda Colston
Board President

11,946

individuals received services (including case management, emergency assistance, therapy, application assistance, tax preparation, parenting education, referrals, and outreach information)

Through our core programs Home Start helps to address the conditions that can contribute to risky or abusive situations – poverty, unsafe neighborhoods, lack of affordable housing, and unemployment – while concurrently addressing individual self-sufficiency and emotional needs.

Last year,
over
39,025
reports of
suspected
abuse/neglect
were made to
San Diego's
Child Abuse
Hotline which
represents
67,824
children.

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DONORS	22



THERE ARE MANY WAYS OUR VOLUNTEERS AND DONORS HELP TO SUPPORT HOME START'S MISSION AND PROGRAMS



DONATE ITEMS

Our Thrift Boutique accepts donations of gently-used clothing, furniture and housewares.



VOLUNTEER

Volunteers distribute toys and food and also staff many of our programs and events.



GIVE GENEROUSLY

We are grateful for the support of many individuals and organizations.



BUY A CANDLE

Bright Futures Candles is our newest social enterprise — they make great gifts!



SPONSOR AN EVENT

Our annual gala and Hallo-Wine events generate critical funds for our life-changing programs.



HOLIDAY TOY DRIVE & ADOPT A FAMILY

Bring holiday cheer to local children who otherwise have no presents to enjoy.

www.Home-Start.org



Visit our website, like us on Facebook and follow us on LinkedIn and Instagram for the most current news and events.



ANNA enrolled in Home Start's Community Services for Families program in 2020 as a single teen mom. For two years, her Family Support Partner Maria guided her along the journey of escaping domestic violence and equipping her for success. Early on in the program, Anna was fleeing a domestic violence relationship with the teenage father of her toddler Jamie. Unfortunately, Anna was familiar with domestic violence from her own childhood. She shared with Maria a vivid memory of hosing her own mother down with water when she was six years old after her father poured gasoline on her and threatened to light her on fire.

Over the next 10 years, Anna was homeless and eventually found herself in a physically, emotionally, sexually, and financially abusive relationship. She eventually sought help after her child began to have night terrors and would hit her. Anna believed Jamie's aggression was due to her witnessing similar abuse committed against her by her father.

Under Maria's support and guidance, Anna completed in-home parenting services curriculum. She followed through with obtaining a restraining order against her abuser, permanently moved in with her mother, and has enrolled Jamie into behavioral health services for therapy. Anna is proud of herself for completing these parenting services because it is the only thing she feels she has ever accomplished and knows her daughter is worth it. Anna is now working a full-time job and is feeling that the future is much brighter for herself and Jamie.

Anna is a client in
Home Start's Community
Services for Families
Program



COMMUNITY SERVICES FOR FAMILIES (CSF)

This program provides a comprehensive educational and supportive approach to help children maintain their placements in safe, nurturing, and stable homes.

- Community and home-based parenting education classes
- Parent Partners a peer support program
- Family Support Clinician services

FAMILIES VISITATION PROGRAM (FVP)

This program provides visitation services to parents that are Child Welfare involved working to reunify with their child.

- Family Visit Coaching
- Supervised Visitation
- Transportation Services

CSF and FVP services are free of charge and are offered in several regions of the County by Home Start.

TINA started working with Home Start's Community Services for Families In-home Parenting Program after the father of her sons filed a neglect complaint to Child Welfare Services. The boys' father did not like that Tina did not want to be with him and began retaliating by filing multiple complaints.

Tina struggled with understanding that there are some things she cannot control and finally came to understand her situation was a form of domestic abuse. Even though she works full-time and is a single mother, Tina comes prepared to every appointment with questions to learn more about positive parenting. Tina says, "My Family Support Partner is the best. She is extremely responsive and is always there when I need her. Her help during the holiday season allowed my boys to have an amazing Christmas."

533

Families received in-home parenting services

55

Families received Parent Partner services

44

Families received services of a Family Support Clinician

15

Families received Family Visit Coaching Services

130

Parents completed parenting education classes

46

children transported to see their parents

49

supervised visits



HOUSING AND OUTREACH PROGRAMS

HOST HOME SERVICES

Temporary housing placements in community members' homes for youth experiencing homelessness between the ages of 14-24 years old.

HOMELESSNESS OUTREACH

Meets and engages individuals experiencing homelessness. The outreach team connects individuals with resources and provides aid in meeting basic needs.

DOMESTIC VIOLENCE

Flexible light, medium, and high financial assistance and services for survivors.

26

new enrollments into permanent housing and supportive services

1,174

individuals experiencing homelessness received outreach services

86

homeless youth provided transitional housing and supportive services

704

individuals experiencing homelessness received transportation assistance, food assistance, emergency motel stays, and other assistance

7

young people received host homes services

61

individuals from City of La Mesa provided rental/ mortgage and utility assistance

219

young people received youth system navigation services

173

Helix Water customers assisted with past due bills

14

young people working in our social enterprise program

272

Oceanside residents assisted with ratepayer relief program

20,000+

meals provided to our unsheltered neighbors through our partnership with Lucky Duck Foundation

9

Santee residents received rental assistance

103

individuals provided Rapid Rehousing and supportive services

Domestic violence survivor **VAL** was referred to Home Start from a partner agency in January of 2023. She was recently granted a restraining order against the father of her three children who are 12, 10 and 9 years old. After the domestic violence incidents, her abuser was required to move out, leaving Val as the head of household.

Since the abusive partner paid most of the bills, Val was left with a huge responsibility. She struggled with her mental health and the stressors that came with her domestic violence situation. Thanks to the partnership with the referring agency, Home Start was able to help her with January's rent. In addition to this, Home Start helped her family with February's rent and half of the March rent as well. Val has been able to work on becoming self-sufficient and providing a safe home for her children while they figure out their next steps.

Val is a client of Home Start's Housing Outreach Program



JUAQUIN is a 22-year-old male struggling to get into a more permanent housing situation. When his Home Start Case Manager first met him, he was couch surfing and staying on the streets. After completing a transitional program and moving to a room temporarily, he was ready to find his own place. Juakin has been approved for section 8 and, thanks to Home Start's financial assistance, was able to move in and is now stably housed.

MIA came to the program in early March with her two young children. Mia grew up in the foster care system and eventually aged out of her last program at 21. Since then, she had been living with friends until a mold finding in the space she lived in resulted in her being forced to leave. With no stable income and two young boys, Mia desperately needed housing.

Mia turned to Home Start, and we housed Mia and her children immediately without her having to spend any time on the streets. Our staff has worked alongside her this past month, and she has already started a full-time job, enrolled her children in childcare, received gift cards for groceries, and — most importantly — has a safe place for her and her children to lay their heads at night.

Mia is a client in Home Start's
Maternity Housing Program



MATERNITY HOUSING PROGRAM (MHP)

The Maternity Housing Program (MHP) provides pregnant or parenting women facing homelessness ages 18-24 and their children with mid- to long-term housing and wrap-around supportive services.

MHP offers these mothers a safe, stable home and educational programs to provide them the tools to become self-sufficient and develop healthy relationships with their children. Home Start's MHP also offers these young mothers:

- Evidence-based parenting education
- Job-readiness training
- Behavioral health services
- Financial literacy
- Higher education support
- Access to a Child Development Specialist

46

young mothers
and their

54

children
provided permanent
housing and supportive
services

36

parenting youth
and their

43

children
provided transitional
housing and supportive
services



SOCIAL ENTERPRISES

THRIFT BOUTIQUE

No ordinary thrift store, the Home Start Thrift Boutique offers a high-quality selection of gently used clothing, household goods and furniture for sale.



Get a good deal and help local families at the same time — as a social enterprise, our Thrift Boutique reinvests profits back into programs that help at-risk families and children thrive and succeed. The store also provides a supportive setting for young mothers and youth in our housing programs to develop sustainable job skills and gain work experience as they move toward greater independence.

3611 Adams Avenue, San Diego, CA 92116
Open Tuesday through Saturday 10 am - 6 pm



DONATE



VOLUNTEER



SHOP



LIKE US





BRIGHT FUTURES CANDLES

Home Start's newest social enterprise offers additional income to transition-age youth and their families as well as priceless job-training and employment opportunities for our residents.

With each purchase of a Bright Futures Candle, a San Diego-based young person is given the opportunity to learn new skills, grow in confidence, and develop their independence.

Available in a variety of scents at the Home Start Thrift Boutique or online at brightfuturescandles.com



BEHAVIORAL HEALTH SERVICES

> TREATMENT FOR CHILDREN PARENT-CHILD INTERACTION THERAPY (PCIT)

PCIT is an evidence-based best practice supported by more than 30 years of research. Through an earpiece, specially trained therapists coach parents/caregivers as they interact with their child. Parents/caregivers learn relationship-enhancing skills and parenting techniques for improving their child's behavior.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)

An evidence-based treatment for youth affected by trauma and their caregivers or parents.

> TREATMENT FOR ADULTS HOME START, INC. COUNSELING CENTER

With sensitivity to the needs of each individual and family we serve, our professional counselors offer therapeutic services to promote healing, personal growth, healthy interpersonal relationships, and positive life transitions.

159
children and families
received therapy

12
adults received
individual/group
counseling services

355
referrals received

260
calls received
to the Intake Line



TODD is a one-and-a-half-year-old who was referred by Rady's Developmental Screening and Enhancement Program to Home Start for Parent-Child Interaction Therapy (PCIT). Todd lives with aunt and has been since birth. Todd's aunt noticed that he was displaying dysregulation of emotions – he would intentionally bang his head, bite himself, ignore or disobey simple commands, and throw tantrums lasting up to 40+ minutes. Todd's Home Start therapist met with Todd and his aunt to assess the situation and see how Todd and his aunt interacted. The aunt utilized a lot of questions to engage with the client and commands. The new skill sets include labeled praises, reflections, behavioral descriptions, and emotional labeling.

Todd's therapist worked with his aunt to teach and coach her with the toddler present. After just four sessions, Todd's aunt reported improvement in his behavior and emotional regulation. Over the next few sessions, Todd's therapist focused on how his aunt could convey simple commands while using the Tell-Show-Try-Again approach.

Todd's aunt has reported that since implementing the use of simple commands, his behaviors have improved, and Todd is thriving at home and at daycare too.

Todd and his aunt are clients
in Home Start's Behavioral
Health Services
Program





179
clients were served

22
clients graduated

FIRST 5 FIRST STEPS

First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. As part of our mission to strengthen families in order to protect children, Home Start Inc. partners with First 5 San Diego to offer the First 5 First Steps Family Support Program in East County.

Ways in which our Family Support Specialists partner with parents:

- Nurture the development of healthy relationships between parent and child
- Enhance parent knowledge about the growth and development of their child
- Support positive parenting practices
- Provide community referrals
- Support mindfulness and stress reduction practices

FADIA and her husband Amari are Iraqi refugees who fled their country after Amari's life was threatened. Both parents also experienced war trauma and decided to search for a better and safer life for their family.

The family resettled in the U.S. to have freedom and a future for their children. Fadia was pregnant for the first time when she heard about Home Start's First 5 First Steps program from her friend. Both parents have actively engaged in the First Steps program for over a year.

As a first-time mother, Fadia is incredibly grateful to be learning about crucial child development milestones and parenting skills. She has set a goal of attending educational school first to learn English and later to get a degree. Amari works part-time, aiming to get a degree and find a better job.

Fadia and Amari are clients in Home Start's First 5 First Steps Program

MARIA came to Home Start during the pandemic because her family got sick with Covid-19. Due to the pandemic, she lost her job, and her husband's work hours got reduced. She was struggling financially due to insufficient money for food or transportation. Through Home Start Communities in Action Program, Maria received food, personal hygiene products, and transportation support to help stabilize her financial situation.

Maria's children received backpacks for the start of the school year through Home Start's Annual Backpack Drive and participated in the annual Toy Drive event. She was grateful to be able to receive gifts for her children, especially after the tough couple of years they had experienced.

More recently, Maria has participated in Home Start's Financial Literacy Services. She received assistance in advertising her entrepreneurial skills. By the end of her participation in the program, Maria's financial situation had improved. She was enrolled in Home Start's Match Savings program, where she could build her emergency fund.

As a successful client in many Home Start programs, Maria was invited to the Resident Leadership Academy Program (RLA), where she learned to become a leader in the community. She is currently volunteering on a project at an elementary school to bring health and wellness information to the parents and children through the RLA program.



CALFRESH PROGRAM

Our CalFresh program provides benefits enrollment assistance for individuals & families to access healthy, nutritious food.



1,545+
individuals received
outreach and education
regarding CalFresh

503
individual renewals and
new enrollments were
completed

Offering a hand-up through a continuum of care, this program helps move individuals and families towards self-sufficiency. Working from a strength-based perspective, each client is treated as a partner in the creation of individualized service plans designed to help them achieve self-sufficiency.

- Referrals to community resources and benefits applications assistance
- Stabilization Support (such as clothing, emergency food, emergency utility assistance and hygiene packs) to those experiencing a crisis
- Workforce Development Support (resume building, interviewing skills, job search assistance, guidance on obtaining promotions)
- Financial Skills Classes
- Access to Free Tax Assistance

710 individuals received comprehensive assessments	226 received basic needs assistance
363 received referrals to supports	26 received matched savings services
190 received individual financial coaching	319 educational workshop attendees
102 received back tax assistance	520 received emergency transportation assistance
623 received emergency food assistance	108 received diaper assistance
126 received stabilization supports	

VOLUNTEER INCOME TAX ASSISTANCE PROGRAM (VITA)

880

State and Federal returns prepared by Volunteer Income Tax Assistance (VITA) sites operated by Home Start

\$1,755,021
in Federal refunds received by clients

\$152,115
in State refunds received by clients

HOME START VOLUNTEERS

263
estimated number of volunteers

9,609
total volunteer hours

\$224,500
total value

STATEMENT OF FINANCIAL POSITION

June 30, 2021 and 2022

	2022	2021
CURRENT ASSETS		
Cash and cash equivalents		
Unrestricted	1,517,450	1,924,648
Restricted	33,851	25,334
Investments	1,962,652	2,246,065
Grants receivable, net	1,891,274	1,391,321
Accounts receivable - other	1,678	156
Prepaid Expenses and other assets	328,049	313,111
Total Current Assets	5,734,954	5,900,635
NONCURRENT ASSETS		
Grants receivable, net	-	25,000
Property and equipment, net	5,446,053	3,540,573
Total Noncurrent Assets	5,446,053	3,565,573
TOTAL ASSETS	11,181,007	9,466,208
CURRENT LIABILITIES		
Accounts payable	405,672	247,051
Accrued expenses and other liabilities	370,309	358,387
Accrued interest payable	2,097	4,476
Deferred revenue	902,565	572,751
Line of credit	-	-
Custodial funds	33,851	25,334
Current portion of notes payable	484,029	269,496
Total Current Liabilities	2,198,523	1,477,495
NONCURRENT LIABILITIES		
Accrued interest payable	130,853	117,083
Notes payable, net of current portion	732,112	1,215,463
Total Noncurrent Liabilities	862,965	1,332,546
TOTAL LIABILITIES	3,061,488	2,810,041
NET ASSETS		
Without Donor Restrictions		
Undesignated	7,925,289	6,408,808
Total Without Donor Restrictions	7,925,289	6,408,808
With Donor Restrictions		
Purpose Restriction	194,230	247,359
Total With Donor Restrictions	194,230	247,359
TOTAL NET ASSETS	8,119,519	6,656,167
TOTAL LIABILITIES & NET ASSETS	11,181,007	9,466,208

STATEMENT OF ACTIVITIES

REVENUE AND SUPPORT

Fundraising Special Events	351,206	182,185
Less: Cost of fundraising special events	(103,886)	(34,145)
Special Events, Net	247,320	148,040
Grant Revenue	9,547,671	9,336,440
Contributions - Foundations	2,210,285	886,020
Contributions - Individuals and Other	157,624	121,228
Contributed Materials	49,427	53,907
Investment Income	(283,052)	358,170
Thrift Boutique Sales	74,086	61,515
Rental Income	15,775	37,931
Other Income	25,985	602,041
Net assets released from use restriction		
Total Revenue & Support	12,045,121	11,605,292

EXPENSES

Program Services:		
Supportive Housing	4,481,976	4,506,952
Child Abuse Prevention	2,822,166	2,967,351
Family Strengthening	586,752	530,486
Therapeutic Services	474,332	396,365
Social Enterprise	162,251	207,125
Total Program Services	8,527,477	8,608,279
Supporting Services:		
Management and General	1,690,215	1,316,085
Fundraising and Development	364,077	356,850
Total Supporting Services	2,054,292	1,672,935
TOTAL EXPENSES	10,581,769	10,281,214

Change in Net Assets	1,463,352	1,324,078
Net Assets at the Beginning of the Year	6,656,167	5,332,089
NET ASSETS AT THE END OF THE YEAR	8,119,519	6,656,167

BLUE RIBBON GALA

Held annually each Spring in recognition of National Child Abuse Prevention Month



**FUNDS RAISED AT OUR TWO ANNUAL EVENTS
HELP SUPPORT OUR MISSION.**



HALLO-WINE FALL FESTIVAL

Held annually each October in recognition of National Domestic Violence Awareness Month

OUR GENEROUS DONORS

(July 1, 2021 - June 30, 2022)

\$20,000 and higher

Anonymous
Bessemer Trust
California Foundation for Stronger Communities
California Governor's Office of Emergency Services
City of La Mesa
City of El Cajon
City of Lemon Grove
City of Oceanside
City of San Diego Community Development Block Grant Program
City of Santee
County of San Diego Health and Human Services
County of San Diego Neighborhood Reinvestment Program
The Conrad Prebys Foundation
Cushman Foundation
David C. Copley Foundation
Ellen Browning Scripps Foundation
First 5 Commission of San Diego County
Grossmont Healthcare District
Guild Giving Foundation
Helix Water District
Internal Revenue Service
The JEM Project
Jewish Community Foundation
K. Andrew Achterkirchen
Lucky Duck Foundation
Maurice J. Masserini Trust
North County Lifeline
MUFJ Union Bank Foundation
The Peggy and Robert Matthews Foundation
Price Philanthropies Foundation
Rodeki Foundation
San Diego Foundation
San Diego Regional Task Force on Homelessness
San Diego Housing Commission
San Diego Hunger Coalition
The San Diego LGBT Community Center
San Diego State University
San Diego Youth Services
SAY Say Diego
211 San Diego
U.S. Department of Health & Human Services - Family & Youth Services Bureau
U.S. Department of Housing & Urban Development
YMCA of San Diego County
Walter J. and Bety C. Zable Foundation

\$10-\$20K

Allianz Global Investors
Evelyn Favero-Heald
Kilroy Realty
Molina Healthcare
Pack Foundation
Rite Aid Foundation KidCents
RSM US Foundation
U.S. Bank
Women Give San Diego

\$5-10K

Monica Ball
Bollotta Entertainment
Boys and Girls Foundation
California Coast Credit Union
Patricia Kay Coleman and Janice Montle
Country Friends, Inc.
Day for Change
Joel DeGuzman
Steven and Veronica Ephraim
Excedeo
the giv4 homelessness Fund of the Jewish Community Foundation
Goodwin Family Memorial Trust
Lyn Hall
George Hecht
In-N-Out Burger Foundation
Gregory and TeriAnne Libby
Dennis McConnell
Nordson Corporation
SDGE
Bruce and Kristen Van Aken, Jr.

\$1000 - \$4,999

American Endowment Foundation
Scott Andreiko
The Arthur P. Pratt and Jeanette G. Pratt Memorial Fund
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Sharmila and Mohit Bhushan
Brigitte Bonomi
Karen Bridges
Ann Buckingham
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Marissa Calderon
Centura Foundation
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Facebook
Fuscoe Engineering
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General Atomics
Russell Ginns
Valerie Grandgirard and Pynne Looper
Matt Griffith
Guild Mortgage
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Peggy Hayes
Vince Heald
Cynthia Henson
Leslie Hand and Neila Hingorani
Lara Hoefer Moir
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Lynn Susholtz and Laurie Bane
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Paula Taylor and Bernie Kulchin
Torrey Pines Bank
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UPLIFT San Diego
Kate Visconti
Dr. Peter Walther
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Western Alliance Bank
Dylan Yates and Jo-El Hartman

\$100-999

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AmazonSmile Foundation
Vicki Amon-Higa
Anaheim Ducks Foundation/
San Diego Gulls
Sumeet Anand
Toni Atkins
Franklin Au
Auto Club Enterprise
Maria Eugenia Badillo
Charles Bahde
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Thomas Bierman
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Blackbaud Giving
Scott Bluck
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 Lynda Hague
 Danielle Hammerman
 Charlie Hamori
 Chris and Lanelle Hansen
 Hard Rock Hotel
 Deb Harris
 Allie Hayase
 Sheri Hayes
 Daniel Hernandez
 Lynda Higgs and Donna Olenick
 Janice Hill
 Kara Hingorani
 Ashley Hokanson
 Jane and Bruce Hopkins

Diane Howard
 Katie Illam
 Ingenuity Staffing
 Adrian Jaffer
 Kristen James-Fortune
 Leslie Jucovics
 Keating Hotel Group
 Cynthia Kellogg
 Courtney and Andrew Kelly
 Colleen Kendall and
 Georgia Griffiths
 Stephanie Kim
 Jaiteerth Kinhal
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Guided by our mission to assure the safety and resiliency of children by strengthening families and their communities, Home Start, Inc. has strengthened and developed San Diego's families and communities since 1972. Home Start remains steadfast in our unwavering commitment to protect children by providing vital resources that strengthen families. Through our life-changing programs, Home Start has positively impacted over 500,000 children's lives in San Diego over the past five decades.

