

## Systematic Training for Effective Parenting

## Once a Week Classes from 6 pm to 8 pm: Wednesday

Once a week classes from 6 pm to 8 pm: Jan. 3, 2024 to Tues Feb. 13, 2024 (No class on Valentines Day) Feb. 21, 2024 to April 3, 2024 April 10, 2024 to May 22, 2024 May 29, 2024 to July 10, 2024

## Twice a Week Monday and Thursday Fast Track Classes from 6 pm to 8 pm:

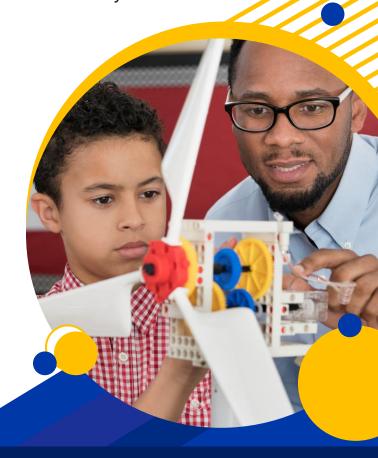
Jan. 8, 2024 to Feb. 1, 2024 (No class on MLK Day) Feb. 5, 2024 to Feb. 26, 2024 March 4, 2024 to March 25, 2024 April 1, 2024 to April 22, 2024 April 29, 2024 to May 20, 2024 June 3, 2024 to June 24, 2024

All classes will be held from 6:00 pm to 8:00 pm

## Court Approved Parenting Classes held via Video Conferencing

Funded in part by the County of San Diego Health and Human Services Agency. This is not a school or district sponsored event.

There are two types of classes:
The once-a-week classes are held for
7 weeks on Wednesdays.
Fast Track classes will be held 2
times a week on Mondays and
Thursdays for 7 sessions.



Call Luz Alarcon to register at: (619) 203-2108 Pre-registration is required After finishing this 7-session course, you will:

- ✓ Receive a completion certificate
- ✓ Fulfill court and other requirements under the Welfare and Institution Code
- ✓ Have a better understanding of your child's behavior and make steps toward building a happy home